



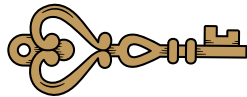
SUPPORTING THE SUPPORTERS POST-WEBINAR RESOURCE GUIDE

October 22
2025

SESSION FOCUS

Strengthen communication, recognize team strengths, promote wellness, and apply continuous improvement strategies to better support home visitors.

KEY TAKEAWAYS



- **Effective Communication:** Build trust through active listening and clear, specific feedback.
- **Strength-Based Leadership:** Motivation grows when staff feel seen, valued, and supported.
- **Home Visitor Wellness:** Wellness is a shared responsibility that supports high-quality services.
- **Implementation and Problem-Solving:** Small, consistent actions lead to strong, sustainable systems.

FEATURED RESOURCES

- NHVRC. [Mental Health and Well-Being Among Home Visitors: Stressors, Supports, and Service Implications](#) (2020)
- Carnegie Mellon University. Active Listening https://www.cmu.edu/student-affairs/civility/pdfs/active-listening_pdf.pdf
- Minnesota Department of Health. Plan-Do-Study-Act (PDSA): Public Health Quality Improvement Toolbox <https://www.health.state.mn.us/communities/practice/resources/phqitoolbox/pdsa.html>
- HIPPY U.S. [Home Visitor Evaluation Best Practices and Sample Forms](#) (2024)
- HIPPY U.S. One Visit at A Time. Active Listening https://drive.google.com/file/d/1BnzOKwh6EKK98_N5H8WVubhuB1wimaBs/view?usp=sharing (2025)

ACCESS THE MATERIALS

[Webinar Recording](#)

[Presentation Slides](#)

THINGS TO THINK ABOUT AND DO

- Practice active listening in your next meeting.
- Write one strength-based affirmation or feedback statement for a team member this week.
- Add a “wellness moment” to your next team agenda.
- Identify one small, bold action, your 15%, to strengthen your program right now.
- Visit [the HIPPY library](#). Ask your state lead for the most recent password.

NEXT STEPS

Continue the conversation in your next team meeting or reflective supervision. Consider sharing one takeaway from today’s session with your team.

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