



# Participant Guide:

## Incorporating Cultural Traditions and Family Voice

**Date:** January 21st 2026

**Time:** 12 PM PT / 1 PM MT / 2 PM CT / 3 PM ET

**Zoom Link:**

<https://www.google.com/url?q=https://us02web.zoom.us/j/82153388393?pwd%3D905BuzdfL8LV0pA4dDaBlhfbf13xEW.1%26jst%3D2&sa=D&source=calendar&ust=1760795068223114&usg=AOvVaw1A1v2zNMTWhd3baAfuCTyT>

### How to Use This Guide

Keep this guide open during the breakout rooms. It will help you know what to talk about, how long you have, and what to focus on.

### Overview

This webinar includes two breakout sessions. Each one builds on the other and helps you turn ideas into action.

### Breakout Room 1: Connect and Reflect

- **Time:** About 6 minutes  
**Group Size:** 2–3 people
- **Purpose:** To connect with peers and reflect on where family voice currently shows up in parent group meetings.

- **What to Do:**
  - Introduce yourself
    - Name
    - Program name
    - State
  - Discuss
    - Where do families already have a voice in your group meetings?
  - Try to give everyone time to share. Keep responses short and focused.
  - Be ready to share one idea, insight, or change you're considering in the main room.

## Breakout Room 2: Planning with Family Voice

- **Time:** About 10 minutes
- **Group Size:** 2–3 people
- **Purpose:** To apply today's ideas using the **Group Meeting Planning Form**. You can download the form with this link:  
<https://www.hippyus.org/download/308/endorsement/1978/group-meeting-planning-form-3.docx?lang=en>
- **What to Do:**
  - Choose one group meeting
    - A recent meeting or one you are planning
  - Use the planning form to guide the discussion. Talk through one or more of the questions below. You do not need to answer every question. Focus on what feels most helpful.
    - Where do families already have a voice in this meeting?
    - Where could families have more input?
    - How can cultural traditions show up in the meeting?
    - What is one change you could try?
    - When you return to the main room:
  - Be ready to share one idea, insight, or change you're considering in the main room.

## Tips for Both Breakouts

- There are no right or wrong answers
- Keep ideas simple and realistic
- Learn from each other's experiences
- Focus on small changes that feel doable

## Next Steps

- **Certificate of Attendance:** To receive your certificate of attendance, please complete the brief post-webinar evaluation that will be shared in the chat at the end of the session.
- **Recording and Resources:** The webinar recording and the post-webinar resource guide will be available within **48 hours** of the webinar in the HIPPIY library. A link will be shared once materials are ready.
- **Put Ideas Into Practice:** We encourage you to take at least one idea from today's conversation and try it in an upcoming parent group meeting.

**Thank you for your participation and for the work you do to center families in your programs!**